

**25. October 2019  
Kumu Art Museum A. Weizenbergi 34, Tallinn**

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| <b>09.00 – 10.00</b> | <b>Registration and coffee</b>  |
|                      | <b>I session</b>  |
| <b>10.00 – 10.15</b> | <b>Opening ceremonies</b>   |
| <b>10.15 – 10.30</b> | <b>The activities of the Lithuanian Society of Anesthesia and Intensive Care Nurses</b><br>Lina Gedrimė <i>RN</i> , Daiva Didvalė <i>RN</i> , Lithuania   |
| <b>10.30 – 10.45</b> | <b>Challenges and Development - Latvian Anaesthesia, Intensive and Emergency Care Nurses Union</b><br>Evija Baksa-Zveja <i>MBA, Mg.paed, Bc.sal</i> , Latvia  |
| <b>10.45 – 11.00</b> | <b>Representing the Finnish Society of Intensive Care</b><br>Kaisa Jakobsson, <i>BNSc, MNSc student, ICU Nurse</i> , Finland  |
| <b>11.15 – 11.30</b> | <b>Estonian Association of Nurse Anaesthetists and Intensive Care Nurses – Challenging and Inspiring Each Other</b><br>Helen Valk <i>MSc, RN</i> , Estonia  |
| <b>11.30 – 11.45</b> | <b>Break</b>  |
| <b>11.45 – 12.05</b> | <b>EfCCNa – the voice of critical care nursing in Europe</b><br>Anne Kokko <i>Specialized nurse MNSc, RN, Lecturer</i> , Laurea University of Applied Science; Vice President, EfCCNa, Finland  |
| <b>12.05 – 12.35</b> | <b>Implementation of the EfCCNa Competency</b><br>Anne Kokko, <i>Specialized nurse MNSc, RN, Lecturer</i> , Laurea University of Applied Science; Vice President, EfCCNa, Finland   |
| <b>12.35 – 12.50</b> | <b>Intensive Care Nursing in Baltic countries</b><br>Natalja Fatkulina, <i>PhD, RN</i> , Medical Faculty of Vilnius University, Institute of Health Sciences, Lithuania   |
| <b>12.50 – 14.20</b> | <b>Lunch, exhibition</b>  |
|                      | <b>II session</b>   |
| <b>14.20 – 14.35</b> | <b>Work stress, work intensity, job satisfaction and intention to leave among nurses in the North Estonia Medical Centre intensive care units</b><br>Andra-Maris Post <i>MA, RN</i> , North Estonia Medical Centre Foundation, Estonia                      |
| <b>14.35 – 14.50</b> | <b>Postoperative pain assessment and management for pediatric patients in intensive care units</b><br>Anastasija Gromova <i>PhD stud, RN</i> , Latvia   |
| <b>14.50 – 16.05</b> | <b>Enhanced Recovery After Surgery (ERAS) – the Art of Teamwork</b><br>Eve Härma <i>MD</i> , Sander Kütner <i>MD</i> , Indrek Seire <i>MD</i> , Maria Rebo <i>RN</i> , Helen Tamm <i>Physiotherapist</i> , North Estonia Medical Centre Foundation, Estonia |
| <b>16.05 – 16.35</b> | <b>Working abroad: physiotherapy work experience from NHS England</b><br>Hedi Kähär, <i>Physiotherapist</i> , Tartu University Hospital, Estonia  |
| <b>16.35 – 16.45</b> | <b>Closing remarks</b>  |